

# Program

## ReNewday Leadership Summit Restore, Reflect and Renew

Hall C and Foyer E  
Adelaide Convention Centre  
9 November 2022

### Session 1

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9.00 – 10.30am

**Matthew Wright-Simon MC**  
Opening

**Jack Buckskin**  
Cultural educator

**Alex Soojung-Kim Pang**  
Author, researcher and Global Programs and  
Development Manager, 4 Day Week Global

10.30 – 11.00am

Morning tea

Renewal activities

### Session 2

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11.00 – 12.30pm

**Jean Oelwang**  
CEO Virgin Unite  
and Co-founder of Plus Wonder

**Dr Neralie Cain** and  
**special guests**  
Clinical psychologist and sleep doctor

12.30 – 1.30pm

Lunch

Renewal activities

### Session 3

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1.30 – 3.10pm

**Dr Sukhbir Sandhu**  
Associate Professor and Director of the  
Centre for Workplace Excellence, UniSA

**Damon Gameau**  
Screen writer, director, author and activist  
Regen Studios

3.10 – 3.30pm

Afternoon tea

### Session 4

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3:30 – 5.30pm

**Tashi Sherpa** in conversation with  
**Katrina Webb**  
Monk, Mountains + Medicine

**Darren Hill**  
Behavioural scientist, author and consultant

Conclusion and networking

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Several activators, including the team from Youth Opportunities, Bel Ryan and Linda Carofano will contribute insights throughout the ReNewday program to engage and renew us all.

Many playful, relaxing and creative opt-in activities will also feature through session breaks.

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We would like to acknowledge that the land we meet on at the summit is the traditional lands for the Kurna people and that we respect their spiritual relationship with their Country. We also acknowledge the Kurna people as the traditional custodians of the Adelaide region and that their cultural and heritage beliefs are still as important to the living Kurna people today.

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#newdaysummit